



SAVE A LIFE

Learn more about our **FREE** trainings that could mean the difference between life and death.



Mental Health First Aid (MHFA)

Learn to break down the stigma associated with mental illness like anxiety, depression, post-traumatic stress disorder (PTSD), schizophrenia, bipolar disorder, and substance use disorders.



Question Persuade Refer (QPR) - Suicide Prevention

This training teaches three simple steps that anyone can learn to help save a life from suicide. QPR will teach people to recognize the warning signs, clues and suicidal communications of people in trouble and to act vigorously to prevent a tragedy.

For more information on MHFA or QPR trainings, contact Andrea Smith at 313-344-9099 ext. 3227 or asmith1@dwmha.com.



Narcan Training

Our Substance Use Disorder Services Team trains and supplies attendees on the proper use of a Narcan Opioid Overdose Kit. Narcan is used to treat a narcotic overdose in an emergency situation as it blocks or reverses the effects of opioid drugs.

This medicine should not be used in place of emergency medical care for an overdose.

Contact Dalila McCullum at 313-344-9099 ext. 3645 or dmccullum@dwmha.com. Training is scheduled according to available supplies. Space is limited.